



COACHES HANDBOOK

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2010 Central Valley Playing League

ADMINISTRATIVE COMMITTEE

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COACHING RESPONSIBILITIES

- A. Knowledge and understanding of FIFA and Central Valley Playing League specific rules.
- B. To teach the mental and physical skills of soccer.
- C. Stress sportsmanship.
- D. Proper conduct of yourself, your team, AND YOUR PARENTS--before, during, and after the game.
- E. Preparing your team for game day.
- F. Knowledge of the dress code.
- G. Report any injuries to your home league within 24 hours
- H. Any problems are to be reported to your League Representative
- I. The Central Valley Playing League encourages the playing of every player.
- J. See Insert (CYSA POLICY)

SCORING

- A. Scoring shall be 3 points for a win, 1 point for a tie and 0 points for a loss.
- B. Forfeited games shall be scored as a 2-0 game against the forfeiting team.
- C. The following deduction of points shall be given for each red card issued
 - 1 point for a red card issued to a player
 - 2 points for a red card issued to a credentialed adult.
- D. Tie breakers will be decided as follows:
 - 1. Head to head
 - 2. Highest Goal Differential (Max 4 per game)
 - 3. Fewest Goals Allowed
 - 4. Most Goals Scored (Max 4 Per Game)
 - 5. Kicks from the Mark per FIFA - to be scheduled by Age Group Administrator
- E. A 6 Goal mercy rule is in effect. Teams that win by more than 6 goals will have 1 point deducted from their standings for each additional goal. (EXAMPLE: A team that wins 10- 1, they would have 3 Pts deducted from their standing points.)

Teams/Players/Coaches who intentionally allow a score to run up will be referred to the Playing Program Committee for situation review.

In reference to scoring referees may not terminate a game prior to its scheduled time unless the request comes from one or both teams and with the referee's approval.

FIFA/CYSA/D7 RULES

The Rules and Regulations of the California Youth Soccer Association as described in its constitution shall apply to this organization. The Central Valley Playing League may make more stringent rules than are contained in the CYSA Constitution but may not alter them. The rules shown here apply to all age groups.

ELIGIBILITY

- A. Teams playing in the Central Valley Playing League must be from a recognized, **CYSA-affiliated** league.
- B. Central Valley Playing League Committee reserves the right to place and/or refuse any and all teams.
- C. For a player to be eligible to play, that player must be completely and properly registered and rostered on the team for which that player is playing. A referee, prior to the start of the game, may declare a player ineligible because of improper or unsafe equipment.

LENGTH OF GAME AND BALL SIZE

<u>Age Group</u>	<u>Length of Game</u>	<u>Half Time</u>	<u>Ball Size</u>
U14	2-35 min. halves	5 minutes	#5
U16	2-40 min. halves	5 minutes	#5
U19	2-45 min. halves	5 minutes	#5

Where League schedule indicates a playoff to determine League Champion the following will apply. If game ends in a tie overtime shall be as follows: U14-U19: 2 x 10 min halves, The “Golden Goal” rule shall be in place. If teams remained tied at the end of overtime play, then the winner shall be determined by kicks from the penalty spot as per FIFA.

SUBSTITUTIONS

Players may be substituted only during a stoppage of the game as indicated below. The number of substitutions is unlimited. Players may be substituted at the following times:

- a. Prior to a throw in, in your favor.
- b. Prior to a goal kick by either team.
- c. After a goal by either team.
- d. After an injury, when the referee stops play, either team may substitute.
- e. At half time
- f. When the referee stops play to caution a player, only the cautioned player may be substituted, prior to the restart of the game.

No substitution is allowed for an ejected (red carded) player.

Late arrival of properly credentialed and dressed players may be substituted at the appropriate time.

GAMES IN A DAY

Teams may play no more than two matches per day.

ADDRESSING THE REFEREE

Only the team captains may address the referee during the game.

COACHES CONDUCT

COACHES SHALL ABIDE BY THE FOLLOWING RULES OF CONDUCT at any time during the time he/she and his/her team are on or about the field of play, including the time prior to the game, half-time and the time immediately following the game until the team has left the area. Coaches are responsible for the actions of their spectators. **If in the referee's or Playing League Official's judgment, the Coach has not made an adequate attempt to control their spectators, any action committed by the spectators will be deemed to have been committed by the Coach.**

1. A coach may address the referee only:
 - a. Prior to the start of the game.
 - b. When he wishes to make a substitution.
 - c. To draw the referee's attention to an injured player on either team.
 - d. When he is addressed by the referee.
2. Coaches, Players, Substitutes, and spectators shall not by word or gesture, during the course of the game, enter into any dispute nor indulge in any intimidating tactics with the referee, OR the opposing coach, his/her players, substitutes, or spectators OR any league official in attendance.
3. Coaching from the sidelines is permitted provided:
 - a. No mechanical devices are used.
 - b. The tone of voice is informative and not harassment of players.
 - c. No profanity is used.
 - d. No coach, substitute, player, or spectator is to incite, in any manner, disruptive behavior.
 - e. No coach, substitute, player, or spectator is to be anywhere but at his/her bench area during the match. A team's bench area shall be that area two (2) yards from the touchline and extending to ten (10) yards from the half line.
4. Coaches and Player from both teams will position themselves in the Team Bench area on the same side of the field. All non-credentialed persons and spectators will position themselves on the opposite side of the field of the Players and Coaches.
5. A Coach may enter the field only prior to the start of the game, at half time, and at the end of the game unless he is beckoned onto the field by the referee.
6. Coaches, Substitutes, Players and Spectators are prohibited from using noise making devices.

Violations of any of the above may result in a caution (yellow card) to the coach. Repeat violations may result in an ejection of the coach (red card) and an automatic fine of up to \$100.00 imposed on the offending adult. If no other credentialed Coach is available for the team as a consequence of the ejection, the game will be stopped at the time of the ejection. The ejected coach's team shall be deemed to have forfeited the game. Any violations will be reported to the Playing League Committee for review and possible further disciplinary action. Failure to pay any fine levied may result in additional sanctions.

Any Coach or player that receives a Red Card for any reason may be required to appear before the Red Card Committee to answer the charges against them. Players must be accompanied by their Coach. Any Coach or Player issued a 2nd Red Card during the playing season may be suspended for the entire season and may be referred to the CVPL PAD Committee for further action. . *** RED CARDS ARE NON-PROTESTABLE ***

DRESS FOR PLAYERS

Dress for Players shall be team uniform (numbered jersey, shorts, and socks completely covering shin guards and approved boots). Shirts must be tucked in. No boxers or cutoffs under the shorts will be allowed. Spandex may be worn under the shorts ONLY if all the team members wear the same color, the color matches the predominate color of the shorts and the spandex does not come below the knee. Shin guards are mandatory for all players. REFEREES WILL NOT ALLOW PLAYERS ON THE FIELD WITHOUT THE **APPROPRIATE SIZE SHIN GUARDS**. The goal keeper must wear a shirt distinctive from the other players. In cases of color conflict, the home team is responsible for wearing alternate colors during that game. **Long sleeve undergarments must be the same as the predominant color of the jersey.**

GAME CARD

It is the responsibility of the designated HOME TEAM to provide the game card. The front side of the game card is to be filled out completely by the home team and given to the designated visiting team at least 30 minutes prior to the game. The game card is then to be given to the referee and the referee shall be responsible for turning in the game card. Incorrectly filled out game cards will be returned to the team/s for completion and the game clock will start on schedule.

List all players rostered on the team on the game card including those not present. Indicate whether player(s) is/are injured, absent or being disciplined. **The jersey number is also required.** Coaches must sign the card before the match.

Teams are encouraged to use game card stickers which must contain all necessary information.

PIM 03-01 (Rev. 05/03) PRESCRIBED MEDICAL DEVICES

Players shall be permitted to wear and/or use medical devices that are prescribed to address a medically recognized disability such as glasses with corrective lenses, insulin pumps, hearing aids and cochlear implants.

PIM 04-1 (9/12/04) PLAYERS EQUIPMENT

All players, parents, coaches, and referees are required to act as a reasonable person concerning player safety, including protecting players from wearing any equipment or device that is dangerous to the player wearing the equipment or device or to any other player. Dangerous equipment and devices include but are not limited to orthopedic casts, air-splints or metal splints. Players wearing any dangerous equipment or device, including orthopedic casts, air-splints or metal splints, shall not be eligible to participate in any game, practice, tryout or training session.

PARTICIPANTS PASSES

Each player/coach is required to present their teams' player/coach pass to the referee at every game. Pictures are required on all player/coach passes. All teams playing within District 7 Spring league must have their player/coach passes laminated before the beginning of league play. **PLAYERS NOT HAVING PASSES WILL NOT BE ELIGIBLE TO PLAY.** Coaches would be wise to retain all passes in their possession and bring them to every game to avoid needless problems and potential forfeits.

CLUB ASSISTANT REFEREES

Each team may be asked to supply one Club A/R for the game. The Club A/R will not coach during the course of the game. If no licensed Referee appears, the Coaches shall agree upon one or more Referees, and the game shall be played. Failure to play the game shall result in a forfeit for both teams and fines may be imposed.

FIELD MARSHALLS

The Central Valley Playing League Committee has the authority to require leagues to provide Field Marshals. The Field Marshal MUST be clearly identifiable. Duties of the Field Marshal include, but are not limited to, reporting on games as needed, assist in controlling spectators (through ejection if needed), seeing games start on time and seeing site is policed after each game. Leagues failing to fulfill their assignment may be subject to a fine. Repeat offenders are subject to additional sanction by the Central Valley Playing League Committee.

GAME BALL

Each team **will** supply at least one game ball for selection by the referee.

CANCELLED OR TERMINATED GAMES

If an **age group administrator** cancels a game(s) because of poor field conditions, it/they may be re-scheduled. If a referee stops a game due to the elements or bad field conditions, the game will stand if it is a regular league game and the first half of play had been completed. The final score will be the score when play is stopped. For any other stoppage, the result of the game shall be determined by the District 7 Spring League Committee. Any team wishing to cancel a game must notify their Age Group Adm., in writing, 1 week prior to the scheduled game.

FAILURE TO APPEAR OR PLAY

Any team that fails to show up or play a scheduled league game may result in fines/sanctions for both the team and the team's home league.

Reasons for fine and/or sanctions may include but are not limited to the following:

- A. Team fails to show up with at least 7 eligible players and 1 eligible Coach.
- B. Team drops out of the Playing League after the schedules are completed.

Failure to pay any fine or comply with any sanction rendered by the Central Valley Playing League Committee may lead to the team/League not being eligible to participate in any further events including, Cup and tournament play, etc...

TOURNAMENT RESTRICTIONS

Teams that participate in the Central Valley Playing League are encouraged to participate in the Founders Cup State Championship. The Central Valley Playing Committee must be notified of any other tournament that will require a league game to be rescheduled. Notification shall be no less than 7 day prior to the start of the regular season.

TEAM VERIFICATION PROCEDURES

All teams participating in the Central Valley Playing League **MUST** have their teams verified **PRIOR** to participating in any league game. The league registrar is to check the packet and be sure it is complete

The following items must be carried by the coach:

1. Verified Team Roster.
2. Passes **PROPERLY** filled out for each player and coach. Player's pass must have a recent, passport size; picture **glued** on the back. **NO STAPLES OR TAPE PLEASE.**

PROTESTS AND APPEALS

While the purpose of the Central Valley Playing League is to administer the game of soccer and promote good sportsmanship, we realize that protests of league games are sometimes in order in keeping with these objectives. The following procedure has been established to handle protest and appeals.

IF YOU WISH TO PROTEST A GAME, A "PROTEST" NOTATION MUST BE MADE ON THE GAME CARD BEFORE YOU LEAVE THE FIELD OF PLAY. A follow-up justification for the protest must be made in written form by email to the Central Valley Playing League Representatives within 24 hours after the match.

Only violations of the constitution, by laws, general procedures, and specific rules of this league or misapplication of the "Laws of the Game" shall be proper subjects to be considered for action. A **DECISION BASED ON AN OFFICIAL'S JUDGMENT IS NOT PROTESTABLE.**

NOTE: RED CARDS ARE NOT PROTESTABLE

D7PP PROTEST [] OR APPEAL [] FORM (check one):

STATE SPECIFIC CONCERN: _____

COACH _____ PHONE _____ BETWEEN _____ & _____

AGE GROUP _____ TEAM NAME _____

EMAIL ADDRESS _____

DATE & TIME OF GAME _____ FIELD _____

FIELD COMMISSIONER _____ PHONE _____

REFEREE _____ PHONE _____

TEAM PLAYED AGAINST _____

OPPOSING COACH _____ PHONE _____

AGE GROUP ADMINISTRATOR _____ PHONE _____

Coaches Signature

Date

DISCIPLINARY RULING AND SUGGESTED PENALTIES

The Central Valley Playing League Committee shall act on all disciplinary matters and shall have discretionary powers in interpreting the degree of penalties applied to team personnel and players. The penalties outlined herein are to be considered as suggestions for a first offense. The degree of penalty may be increased or decreased according to the gravity of the offense.

No action may be taken against a coach unless the coach has been notified in writing and has a proper hearing before the Central Valley Playing League Committee, **other than for a red card.**

CYSA 4:08 DISCIPLINARY RULINGS

CYSA 4:08:01 The Disciplinary Committee shall act on all disciplinary matters and shall have discretionary powers in determining disciplinary action applied to team personnel and players. Game suspensions listed below are to be regarded as minimums for the charged offenses, depending on the findings of the Disciplinary Committee. Penalties may be increased according to the gravity of the infringements.

CYSA 4:08:02 When sent off the field of play and shown the red card for infringement of the “Laws of the Game”, players and substitutes shall be disciplined by further games suspension as follows:

- A. Serious foul play:
 - 2. Examples include, but are not necessarily limited to, intentionally impeding an opponent denying an obvious goal-scoring opportunity; denying an obvious goal-scoring opportunity by handling the ball.
All age groups - Suspend for a minimum of one (1) game.
 - 3. Examples include, but are not necessarily limited to, tripping, holding, unlawfully charging or pushing an opponent denying an obvious goal-scoring opportunity; intentionally tripping, holding, pushing; unlawfully charging or tackling an opponent from behind or charging in a dangerous and violent manner.
All age groups - Suspend for a minimum of two (2) games.
- B. Foul and abusive language:
 - 1. Examples include, but are not necessarily limited to, words uttered in frustration and, in the referee’s opinion, loud enough to be heard outside the field of play.
All age groups - Suspend for a minimum of one (1) game.
 - 2. Examples include, but are not necessarily limited to, words or actions directed towards any person.
All age groups - Suspend for a minimum of two (2) games.
- C. Second cautionable offense after having received a caution:
All age groups - Suspend for a minimum of one (1) game.
- D. Violent conduct:
 - 1. Examples include, but are not necessarily limited to, spitting, or other unseemly act, on or at another person; striking or attempting to strike another player, team official or spectator; unlawfully entering the field of play during an altercation.

All age groups - Suspend for a minimum of two (2) games.

2. Pushing in an act of aggression, striking or attempting to strike a referee, lines person or fourth official.

All age groups - Suspend for a minimum of one (1) year and review by the Board of Directors regarding further disciplinary action.

CYSA 4:08:03 Any player, substitute or coach who refuse the referee's request for their name, or gives a false name, while the referee is gathering data to report an infringement of the "Laws of the Game" involving them, shall have one game added to the suspension that would normally be levied by the Disciplinary Committee.

CYSA 4:08:04 Disciplinary actions listed above are to be regarded as minimum game suspensions, depending on the findings of the Disciplinary Committee. The Disciplinary Committee has discretionary powers to increase penalties befitting the infractions.

CYSA 4:08:05 In specific situations, the Disciplinary Committee may place an individual on probation, in addition to the suspension, for a period of time not to exceed the length of the suspension. The probationary period is to be served immediately following the suspension period and is intended to monitor an individual's degree of reformation. Should an individual on probation be sent off the field of play and shown the red card during the probationary period, the original suspension and probation shall be re-applied and no appeal will be heard.

CYSA 4:08:06 Coaches and assistant coaches sent off the field of play for infringement of the "Laws of the Game" shall have two (2) games added to the suspension that would normally be levied against a player for a similar infringement.

NOTE: Coaches may pick up suspended player/coach pass upon submission of completed game sign-off slip that is included with PAD report.

REFEREE EVALUATION FORM

This form is to be used by a coach to evaluate the referee doing his/her game. Please note that this form may and should be used to praise a good job as well as criticize a bad one. These forms can be mailed to the District VII Office at 4285 N First St. Fresno, CA 93726. Specific examples are more valuable than opinions.

Age Group _____ Date _____ Score _____

Your Name and Telephone Number _____

Email Address _____

Teams Involved _____

Time and Location of Game _____

Which Team Won _____

1. **In your opinion** did the Referee control the game? Please explain?

2. **In your opinion** did the Referee know the laws of the game? Which law did they not apply?

3. **In your opinion** did the Referee give the impression of being unbiased?

4. **In your opinion** was the Referee consistent in his/her calls – good or bad?

5. **In your opinion** was his/her dress and appearance befitting a referee?

Please feel free to add additional pages as necessary

Signature of Coach _____

COACHES EVALUATION FORM

This form is to be used by a referee or another coach to evaluate a coach. Please note that this form may and should be used to praise a good job as well as criticize bad behavior. This form can be mailed directly to the District VII Office at 4285 N First St. Fresno, CA 93726.

Age Group _____ Date _____ Score _____

Your Name and Telephone Number _____

Email Address _____

Teams Involved _____

Time and Location of Game _____

Which Team Won _____

1. What did you like about the coach? _____

2. What did you not like about the coach? _____

3. How did the coach and players conduct themselves? _____

4. How could the coach do a better job? _____

Please feel free to add additional pages as necessary

Signature Coach/Referee _____

CALIFORNIA PENAL CODE

The California Penal Code was recently amended to cover actions related to sports officials. The following information is quoted from a report in the Legislative Counsel's Digest.

The people of the State of California do enact as follows:

SECTION 1. Section 243.8 is added to the Penal Code to read:

243.8 (a) When a battery is committed against a sports official immediately prior to, during, or immediately following an interscholastic, intercollegiate, or any other athletic contest in which the sports official is participating, and the person who commits the offense knows or reasonably should know that the victim is engaged in the performance of his or her duties, the offense shall be punishable by a fine not exceeding two thousand dollars (\$2,000.00), or by imprisonment in the county jail not exceeding one year, or by both the fine and imprisonment.

(b) For purposes of this section, a "sports official" means any individual who serves as a referee, umpire, linesman, or who serves in a similar capacity but may be known by a different title or name and is duly registered by, or a member of, a local, state, regional, or national organization engaged in part in providing education and training to sports officials.

CYSA POLICY

Subject: Use of Tobacco Products

The Board recognizes that there is ample research demonstrating the health hazards of the use of tobacco products, including smoking and the breathing of second-hand smoke, and its responsibility to the players and participants to demonstrate and teach acceptable health principles. The California Youth Soccer Association Board of Directors, therefore, in the best interest of the health and safety of the players, participants and general public, directs the development of the following regulations:

The California Youth Soccer Association (CYSA) discourages tobacco use within 25 yards of any CYSA affiliated activity involving youth players.

This policy shall be established to:

1. Further the goal of consistency among on-going school and community programs to discourage children from using tobacco products;
2. Promote health and encourage players to adopt healthy lifestyles;
3. Reflect and emphasize the hazards of tobacco use;
4. Protect the health and safety of players, coaches and the general public;
5. Eliminate the mixed messages that children receive through tobacco advertising and its association with sporting events; and
6. Generate respect among players for league authority, thereby improving discipline by virtue of its application to coaches, officials, players and the general public.

ADOPTED: SEPTEMBER 10, 1995

